

## WHAT IS VOLUNTARY SCHOOL SPORT

As an extra gym lesson, voluntary school sport contributes to active leisure activities. Voluntary school sport is open to all students, is **free of charge** and takes place directly on the school premises.

### VOLUNTARY SCHOOL SPORT IN FIVE STEPS

1. Visit the website **www.sport.bs.ch**, see link “voluntary school sport”
2. Choose suitable course
3. Complete online form
4. Wait for confirmation of your course registration
5. Attend the course.



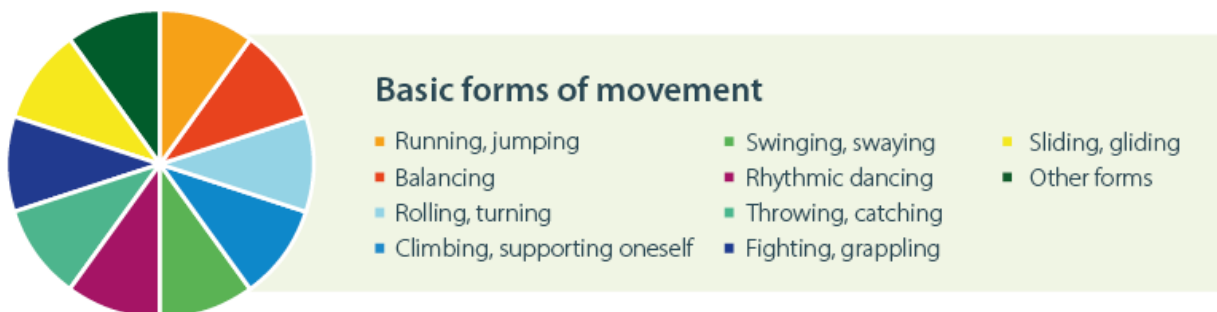
The voluntary school sport courses take place according to Youth and Sport guidelines. The instructors have valid Youth and Sport (J+S) certification.

## COURSES FOR ALL

The sport promotion courses are available free of charge to all children and young people from preschool to secondary school. It is possible to join a course at any time if there is a place available.

### SPORT PROMOTION PRIMARY LEVEL (with preschool)

Lessons in multiple sports: the focus is on the basic forms of movement and the motto: “laugh, learn, achieve”.



### SPORT PROMOTION LOWER SECONDARY LEVEL

Classes dedicated to a specific type of sport: students can gain a real insight into a sport thanks to a cooperation with Basel’s sports’ associations.



## COURSES ON RECOMMENDATION ONLY

Children and young people with special locomotory or physical needs receive targeted and individual support in these courses. Recommendations are made via sport check\* or a teacher.

### MOVEMENT PROMOTION: SWIMMING (from 2<sup>nd</sup> class)

These swimming classes are aimed at all beginners. Recommendations are made by the class teacher, sports teacher or the swimming specialist.

### MOVEMENT PROMOTION: GYM (from 2<sup>nd</sup> class)

Children and young people with special locomotory or physical needs receive targeted and individual support in these courses. Recommendations are made directly via sport check\* or a teacher.

### TALENT EYE PROMOTION (2<sup>nd</sup>-3<sup>rd</sup> class)

Children with impressive sporting skills are supported through the “talent eye” talent promotion project. Recommendations are made via sport check\*.

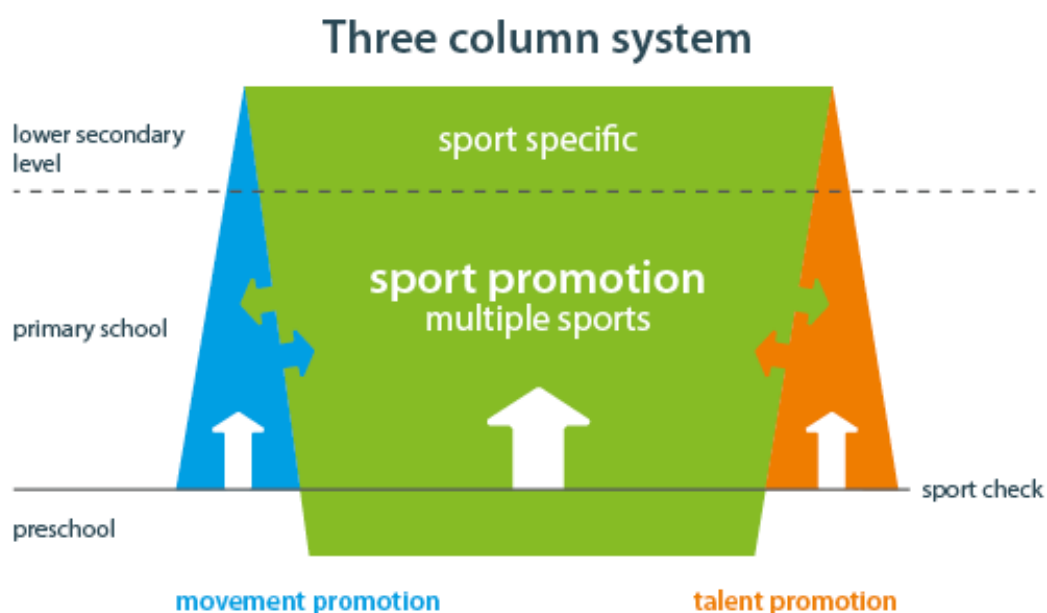
\*Sport check in the 1<sup>st</sup> year of primary school. The sport check shows students’ health and fitness levels in the 1<sup>st</sup> year of primary school to enable them individual and targeted recommendations for courses and offerings.



# COURSES AND OFFERINGS

## AN OVERVIEW OF THE VOLUNTARY SCHOOL SPORT OFFERINGS

The structure of the voluntary school sports, as shown below, is divided into a three-column system. It graphically shows the number of offerings and change over time during the school career. The sport check serves as a basis for the individual recommendation of a voluntary school sport offering.



## OTHER VOLUNTARY SCHOOL SPORT OFFERINGS

Other voluntary school sport offerings include events such as the School Dance Award, children's sports day and school sport championship for various sports.



Further information on the individual offerings can be found at [www.sport.bs.ch](http://www.sport.bs.ch)